

Grazing

ROASTED & SALTED CASHEWS (Ve) 466kcal	4.00
NOCELLARA GREEN OLIVES (Ve) 162kcal Maldon sea salt	4.00
WARM FOCACCIA BREAD (Ve) 679kcal Extra virgin olive oil and balsamic	4.00
CARAMELISED CHILLI HONEY NUTS (V) 670kcal Cashews, pecans, pistachios	4.25
SPICED HUMMUS (Ve) 287kcal Focaccia sticks, extra virgin olive oil, pomegranate seeds, coriander cress	4.50

Sharers

BAKED CAMEMBERT (V) 1134kcal Pistachios, apricots, chilli infused honey, extra virgin olive oil, focaccia sticks	12.50
NACHOS (V) 1177kcal Multigrain tortilla nachos, five bean chilli, melted Cheddar cheese, sour cream, guacamole	10.95

Small Plates 3 FOR £17.50, 4 FOR £25, 6 FOR £28 OR £7 EACH

CURRIED CAULIFLOWER WINGS (Ve) 631kcal Madras batter, mango relish, chilli flakes, spring onion	KING PRAWNS PIL PIL 847kcal Chilli, garlic and parsley butter, warm focaccia bread
HALLOUMI FRIES (V) 826kcal Tracklements chilli jam, garlic and parsley mayonnaise, pomegranate seeds	DRY CURED PORK COPPA 702kcal Gran Moravia cheese, sunblushed tomatoes, rocket, extra virgin olive oil, warm focaccia bread
TEMPURA PADRON PEPPERS (Ve) 343kcal Maldon sea salt, smoky chipotle mayonnaise	COD GOUJONS 663kcal Atlantic cod goujons in herb batter, tartare sauce
DUCK CROQUETTES 823kcal Smoky chipotle mayonnaise, spring onion, flat leaf parsley	SMOKED HADDOCK & DILL CROQUETTES 674kcal Crispy kale, Maldon sea salt, tartare sauce
STICKY THAI CHICKEN BITES 849kcal Toasted sesame seeds, spring onion, coriander cress	TORCHED ROSARY GOAT'S CHEESE (V) 342kcal Focaccia crouton, candied orange, pomegranate seeds, extra virgin olive oil, coriander cress
ROAST CHORIZO 629kcal Red wine, chilli infused honey, focaccia sticks, coriander cress	

Main Plates

- KALE CAESAR** [🌱] 519kcal **10.95**
Baby spinach, sunblushed tomatoes, Gran Moravia cheese, focaccia croutons, soft-boiled free range egg
add grilled halloumi 2.75 499kcal, *chargrilled chicken 3.25* 237 kcal, *grilled prawns 3.75* 201 kcal, *salmon fillet 5.75* 346kcal
- SALT “BOEF” RAGU** [🌱] 1157kcal **13.95**
Plant based beef, rigatoni pasta, sunblushed tomatoes, rocket, extra virgin olive oil
- JAVA CURRY WELLNESS BOWL** [🌱] 340kcal **12.75**
Kale, baby spinach, grilled corn, cauliflower rice, Tenderstem broccoli, leeks, toasted seeds, roasted cashews, pomegranate seeds, Java curry sauce, extra virgin olive oil
add grilled halloumi 2.75 499kcal, *chargrilled chicken 3.25* 237 kcal, *grilled prawns 3.75* 201 kcal, *salmon fillet 5.75* 346kcal
- HAND BATTERED FISH & CHIPS** 1069kcal **14.95**
Atlantic cod fillet, herb batter with Maldon sea salt, triple-cooked chips, smashed peas, grilled lemon
- GRILLED SALMON** 767kcal **15.25**
Fennel, cucumber and Jersey Royal salad, red chillies, grilled lemon, sour cream dressing, flat leaf parsley, mint, pomegranate seeds
- CHIMICHURRI SHREDDED CHICKEN RICE BOWL** 1013kcal **13.95**
Brown rice, kale, paprika chickpeas, baby spinach, fennel, flat leaf parsley, seeded avocado, pomegranate seeds, sour cream dressing, grilled lemon
- CHICKEN, HAM HOCK & LEEK PIE** 902kcal **14.95**
Shredded British chicken, ham hock in a cream sauce, creamed mash 274kcal or triple-cooked chips 580kcal, red wine gravy, fresh greens
- 28 DAY AGED SIRLOIN STEAK** 1514kcal **17.95**
Chargrilled 8oz sirloin steak, triple-cooked chips, slow roasted beef tomato, flat mushroom, peppercorn sauce, dressed house salad

Burgers

- WAGYU BURGER** 1545kcal **14.50**
Tennessee seeded brioche bun, beef tomato, gem lettuce, pickled gherkins, burger sauce, triple-cooked chips
- KOREAN CHICKEN BURGER** 1333kcal **13.95**
Buttermilk chicken breast, coated in panko crumb, kimchi ‘slaw, Tracklements chilli jam, Java curry sauce, triple-cooked chips
- BEETROOT, CORIANDER & MINT BURGER** [🌱] 1010kcal **11.75**
Plant based pretzel bun, burrito mix, pineapple, lemongrass and ginger dressing, triple-cooked chips
add Barber’s vintage Cheddar 351kcal, *Emmental cheese* 73kcal, *smoked streaky bacon* 156kcal
1.50 each

Sandwiches SERVED MON-SAT UNTIL 5PM

SERVED ON SLICED BLOOMER BREAD WITH A MUG OF TRIPLE-COOKED CHIPS 580kcal OR A DRESSED HOUSE SALAD 128kcal
swap fries to sweet potato fries 649kcal **1.50**

AHT SANDWICH <small>1007kcal</small> Avocado, halloumi, tomato, dill oil, Tracklements onion marmalade	8.50
CBLT SANDWICH <small>827kcal</small> Chargrilled chicken breast, smoked streaky bacon, beef tomato, gem lettuce, mayonnaise	8.50
COD GOUJON SANDWICH <small>701kcal</small> Atlantic cod goujons in herb batter with gem lettuce, tartare sauce	8.50
STEAK SANDWICH <small>701kcal</small> 4oz sirloin steak, Tracklements onion marmalade, gem lettuce, horseradish	8.95

Sides

TRIPLE-COOKED CHIPS <small>580kcal</small>	3.45	HOUSE SALAD <small>128kcal</small>	2.75
SWEET POTATO FRIES <small>649kcal</small>	3.95	Gem lettuce, baby spinach, diced cucumber and beef tomato, red onion, red peppers, grated carrot, lemon and extra virgin olive oil dressing	
ONION NESTS <small>659kcal</small>	3.75		
KIMCHI 'SLAW <small>15kcal</small>	1.95		

Sunday Roasts SERVED SUNDAYS ONLY

OUR SUNDAY LUNCHES ARE ALL FRESHLY PREPARED AND SERVED WITH ROAST POTATOES, SEASONAL VEGETABLES, YORKSHIRE PUDDING AND ROAST GRAVY

TOPSIDE BEEF <small>1698kcal</small>	17.25	SWEET POTATO & CHESTNUT <small>1192kcal</small>	13.25
HALF ROAST CHICKEN <small>2116kcal</small>	15.25		
SIDES			
Cauliflower Cheese <small>319kcal</small>	2.75	Extra Yorkshire <small>123kcal</small>	1.25
Pigs In Blankets <small>249kcal</small>	2.50	Pork Crackling & Apple Sauce <small>109kcal</small>	1.50
Sage & Onion Stuffing <small>347kcal</small>	1.25		

Desserts 6.00

LOTUS BISCOFF CHEESECAKE 921kcal
Dulce De Leche caramel sauce, vanilla pod ice cream, mint

BELGIAN WAFFLE (V) 692kcal
Dulce De Leche caramel sauce, vanilla pod ice cream, mint

LEMON TART (V) 669kcal
Raspberry sorbet, crushed meringue, whipped cream

WARM CHOCOLATE BROWNIE (V) 829kcal
Salted caramel, vanilla pod ice cream, chocolate sauce

AFFOGATO (VE) 642kcal
Vanilla pod ice cream, crushed biscuit, espresso, chocolate sauce

CAMBRIDGE BURNT CREAM (V) 550kcal
Caramelised sugar, chilli infused honey roasted pecans

MINI DESSERT & COFFEE 4.75

Cambridge burnt cream (V) 274kcal, warm chocolate brownie (V) 310kcal, affogato (VE) 220kcal

Hot Drinks

AMERICANO 0kcal	2.90
ESPRESSO 0kcal	2.25/2.60
MOCHACCINO 110kcal	3.25
CAPPUCCINO 153kcal	3.25
CAFFE LATTE 153kcal	3.25
FLAT WHITE 120kcal	3.25
HOT CHOCOLATE 234kcal Indulge and add whipping cream and marshmallows 59kcal 1.00	3.75
TEA PIGS Everyday brew 22kcal, earl grey strong 22kcal, peppermint 0kcal, superfruit 0kcal or Mao Feng green tea 0kcal	2.60

(V) Suitable for vegetarians. (VE) Suitable for vegans. Fish and poultry dishes may contain bones. All weights are approximate prior to cooking. All items are subject to availability. Adults need around 2000 kcal a day. **Allergen Information.** Non-gluten menu is available upon request. If you have any allergies or dietary requirements, please speak to our team for more information. Our kitchens contain many ingredients and so we cannot guarantee the total absence of nuts, gluten, or other allergens. Our fryers are used to cook different products so we cannot guarantee total absence of animal products or allergens. A full list of allergens in each dish is available for your peace of mind. **All prices include VAT. Service is not included.** All tips are retained by the grateful team.